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MAY 2020

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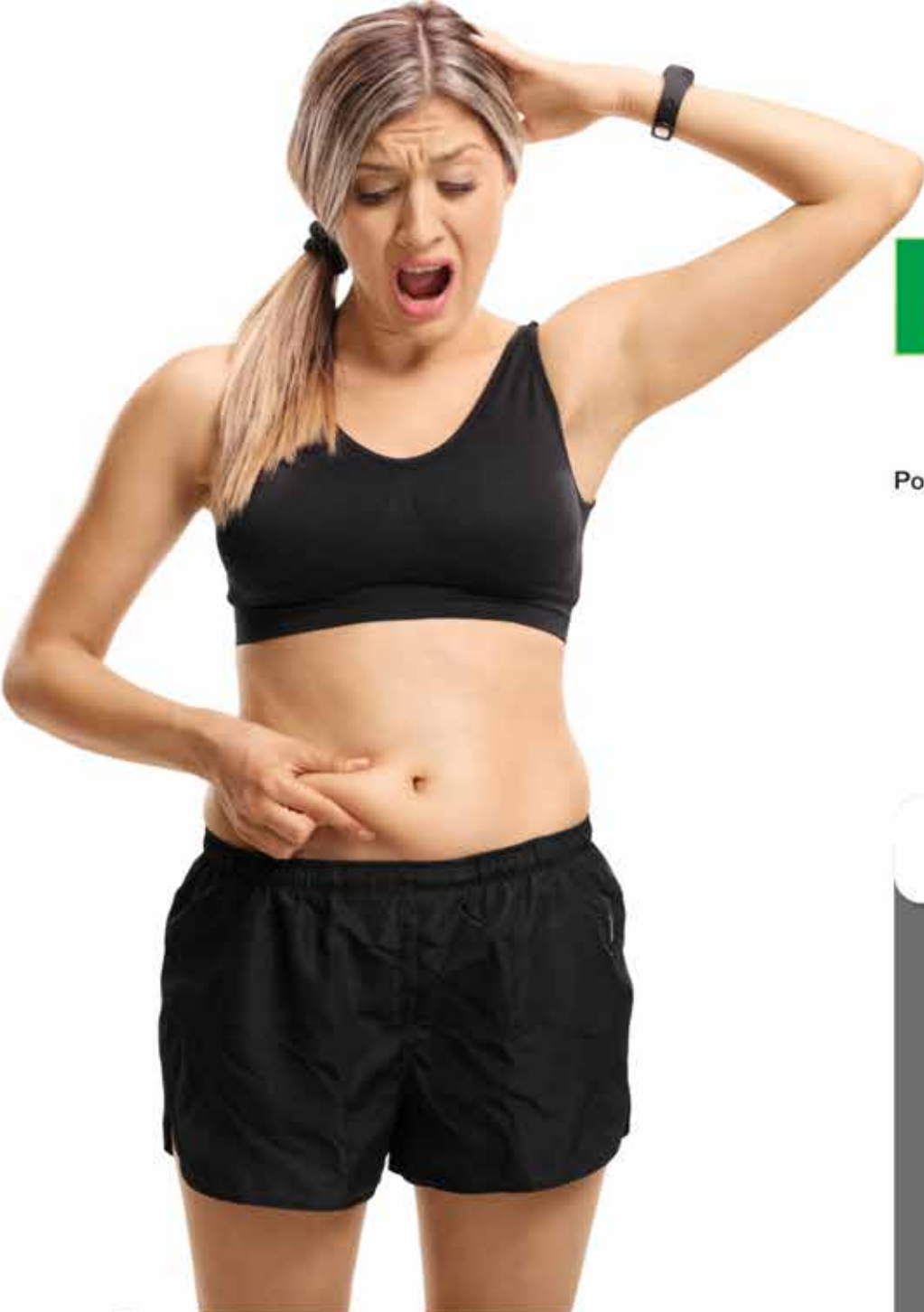
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Meet ALOGAN ANCHICK



South Kitsap's Logan Anchick battles for a loose ball against a Kent-Meridian defender. (Mark Krulish I Kitsap News Group)

BOYS SOCCER
South Kitsap outmaneuvered by Kent Meridian in district opener

young achiever
By Piper Willson.

Meet Logan Anchick, a senior from South Kitsap High School! Logan has lived in McCormick Woods with his mom, dad, brother Conner, and his two dogs for six years. While Logan has lived in McCormick Woods, he has gone to school at Marcus Whitman and, currently, at South Kitsap High School, where he does his part to make the high school the best it could possibly be.

Making the most of high school, Logan has tackled soccer, tennis, DECA, and ASB. Logan says that soccer has been the highlight of them all. He has played since he was 3, growing up watching his dad and brother playing. He decided to follow in their footsteps. From this choice, he has loved the opportunity to run around and have fun with his friends. Logan likes to think of soccer as his creative outlet, where he can show off any new tricks that he has learned at practice or spend his free time getting better and improving his skill. You can see Logan's dedication and work

ethic pay off on the field. Logan has helped his high school team go to state twice, and his club team ranks top five. Along with these statewide achievements, Logan's teams have been ranked number two nationally (club soccer) and been the First Team All SPSL nominee. Though the nights may be long and taxing, Logan knows it is worth it all. The bonds that they make on their late-night trips home from games across the state or through the lengthy practices, Logan says that his passion and love for the game makes it all worth it in the end.

Logan has made a wonderful impact on his community and on his teams during his time here in McCormick Woods. We can't wait to see where his college career takes him, as he majors in kinesiology and continues to work hard. With graduation coming soon, we know that Logan will continue to work hard and make the 2020 soccer season a great one, as he continues in his *Life at the Woods*.



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Family member names: Kris, Jessica, Jaidyn, Micayla & Lilyana

Street: McCormick Woods Dr SW

Pets: 2 dogs Jackson and Kiera, 1 cat Zoey & a fish named Wanda

Profession: Kris is active duty in the Navy and Jessica is a REALTOR at RE/MAX Town and Country

Activities / Hobbies: Kris and I love to spend time in the gym. We enjoy riding bikes with our

girls as well as going out for rides on the Harley. We enjoy hiking and going for long walks. Our girls play basketball, are cheerleaders (competitive and sideline), they all love tumbling and they are all into BMX. As soon as it warms up, I want to take golf lessons. Kris makes knives in his spare time. He also loves to get creative with baked goods.

Hangout spots: Playgrounds

Restaurants: There are too many of us to have one we can agree on, but here are a few of our favorites in this area. Aceituno's Mexican Food, Blazing Onion, Cosmo, Starbucks and any good PHO place.



Family dinner: The girls all say breakfast for dinner is our best/favorite dinner

Vacation destination: Disneyland

Sports teams: When it comes to football our loyalty and hearts belong to the Atlanta Falcons & Ga Bulldogs. We have added the Seahawks to that list though. I also love the Atlanta Hawks and Braves and the Cincinnati Reds and Bengals.

TV show / movie: Our world revolves around all things Disney...

Music: I appreciate and love almost all genres of music. I honestly don't have a favorite. There are times I am feeling super gangsta and then I turn around and just want to relax with Ol' Blue Eyes. Kris listens to Rock. Jaidyn likes hip hop and pop, Micayla likes pop and Alternative and Lilyana likes all genres but enjoys listening to pop the most.

Where are you originally from? Kris was born in Los Angeles, CA and Jessica was born in Cincinnati, OH. Both of us grew up in Helen, Ga though and that is where we consider home. Jaidyn and Micayla were both born in Georgia and Lilyana was born in Hawaii.

If not from here originally, what brought you to the area? Kris got stationed here at Bangor. We moved here from Virginia last June.

Tell us how you two met each other? We met when we were teenagers through mutual friends and became friends. We hung out/dated for a while until Kris joined the Navy and then went our own way for ten yrs. Then when he was home visiting we bumped into each other and realized we didn't want to go our own ways again. We have been together ever since then.

Where is your favorite spot to spend time together in WA? We love to explore and see the sites of nature, like Snohomish Falls.

Do you have any family traditions? Being a military family our traditions change with each new duty station. We haven't established our WA traditions yet. We do of course have our holiday traditions such as our Christmas pickle, or opening one present each on Christmas eve, or what we eat on each holiday. Kris loves to bake for every holiday with the girls. We always like to find local activities to adopt as our traditions.

What college / university did you attend? Kris graduated with a Bachelor's of Science from Brenau University and Jessica as a Master Cosmetologist from North Ga Technical Institute.

How long have you lived in this neighborhood? McCormick Woods is the only place we have lived in Wa and we have been here for almost 9 months.

What do you like to do to relax? The girls love to do spa days with face masks, manni/pedi's & always enjoy bath bombs. Kris likes to read science fiction books to relax.

Are you involved with any local charities or community endeavors? We are PTA members at our girls schools. I always love to help at the kids schools/in their classrooms whenever possible.

What is your favorite part about living in our neighborhood? Our favorite part of the neighborhood is the trails and parks. We love to be able to walk through the trails and explore. The kids get to feel free and run. We also love the wildlife here. The deer are a joy to watch and interact with.

meet the **Mandaro**

Family



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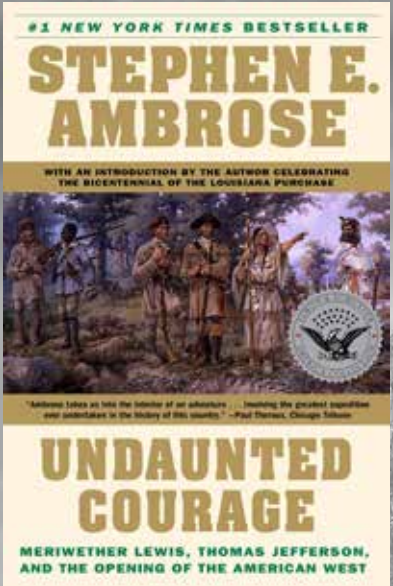
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resident book review
By Stephen Ambrose. Review written by Helen Punches.

UNDAUNTED COURAGE

You've undoubtedly read about the expedition of Lewis and Clark. There are many books written about their great adventure at the behest of President Thomas Jefferson. Most are written as history books. And if you haven't come across any of those, you at least learned about the men in your high school history class. This is, in my opinion, the ultimate book about the incredible journey of discovery on which these two men embarked.

In 1803, Thomas Jefferson had just finalized the Louisiana Purchase, which, on its western boundary, extended from New Orleans through parts of present-day Louisiana, Texas, New Mexico, Colorado, Wyoming, and Montana. This was all *terra incognita* to Americans. But the price was right (less than three cents an acre for 828,000 square miles!) and Jefferson wanted to expand the new country to the Pacific Ocean if possible. He selected his private secretary, Capt. Meriwether Lewis, to lead an exploration of the newly acquired wilderness. Lewis selected Lt. William Clark to share the fun.

The first segment of the book covers Lewis' early career, the historical background and the planning done by Lewis and Jefferson. Jefferson wanted detailed notes on the flora and

fauna of the region, tribes encountered, and possibilities for easily traveled routes to the Pacific, like maybe a navigable river running from the crest of the Rocky Mountains to the coast. Of course, like most projects large and small, the reality was quite a bit more complex than the imagining.

The expedition began in May 1804 and followed the Missouri River to what is now North Dakota, where they wintered over and traded with the Mandan and Hidatsa tribes. In April 1805, they resumed the journey, having picked up Toussaint Charbonneau ("a man of little merit"), his wife, Sacajawea, and their newborn son. From the beginning of the journey until they reached the Rockies, they traveled in canoes and pirogues. Upstream. In the spring. Think about that. The Rocky Mountains were much more vast and rugged than anyone anticipated and, of course, there was no convenient mountain stream at the Continental Divide, promising "put your canoes in here and float directly to the coast."

Lewis and Clark were both military men, and they ran a tight ship. Their attention was pretty equally divided among the re-

search they were doing for Jefferson, the tremendous physical and emotional challenges of the journey itself, and the care and management of their men, of which there were about 30 (the number varied slightly from time to time). Each time they encountered a native tribe, they had to ascertain whether they were friendly or not, and if hostile, to what degree. Fortunately, most were friendly. They hunted or bartered for food, and you'll learn that between the Snake and Columbia Rivers, they got heartily sick of salmon! And they had to endure a hellish, soggy, lonely winter at the mouth of the Columbia. If you ever go to Astoria, make it a priority to visit Fort Clatsop. Obviously, it has been re-done over the years, but it was the Lewis and Clark gang that built it.

Stephen Ambrose was a renowned historian and a highly respected teacher. Having researched Lewis and Clark for many years, he wanted to write a book that would be of interest not only to historians but also to people who just like a good adventure story. This is a big book (over 500 pages), but if you like historical novels or history or a good adventure story, you'll like this book. And I promise you that you will marvel at what these men did. And I think you might even want to offer a toast to them for blazing a trail for America to this wonderful region where we live.

Twin MAINE COON Kittens Gus and Moe

precious
pet



Say hello to Gus and Moe, the twin Maine Coon kittens from the Willson family! Gus and Moe, while the five times the size they were when they were babies, are only 2-year-old kittens.

The Willson family has always wanted kittens, and it wasn't until they moved to McCormick that they realized their house felt rather empty. So, to them, a new pet felt like an easy fix. It wasn't long before Moe joined the Willson family. When they went to the breeder, the litter of kittens was just so cute that it was too difficult for them to select just one; they had to get two! "At least now they won't be lonely!" explains Reese, the cat lover of the family.

Gus was named after Gus Gus, the mouse from *Cinderella*, a family favorite. Moe, however, was originally named Mouse to fit the theme, but soon, Mouse was shortened to Moe. The kittens are spoiled, being fed multiple times a day. And it shows! Gus can be found trying to break into his food at night, while his owners are sleeping, trying to sneak a bite of something tasty while he has a chance!

Gus and Moe are very cuddly kittens. Friendly to anyone who walks in the door, they have been known to act like puppies, begging for treats, attention, and as many belly rubs as they can get. Their owners feel very lucky to have gotten kittens as friendly as Gus and Moe, with their fluffy faces and sweet hearts.



The Willson family feels lucky to have Gus and Moe to welcome them home after a long day at school or at work. Whether they are begging for food or giving loves and cuddles, the Willsons think that Gus and Moe have made their lives better in all ways!



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stuck

at home article

By Kai Curry.

It happened astonishingly quickly. At the end of February, we were all hearing rumors that COVID-19, or the coronavirus, had come to Washington State, specifically to a Life Care Center in Kirkland. It still seemed far away, though, definitely from those of us living “on the other side of the water.” And we knew that the virus only affected certain age groups. We all thought it would resolve itself quickly, probably, due to the quality of healthcare in our fair state.

Not so much. Before we knew it, almost every day we were getting alerts that another school district had closed to prevent spreading of the virus. By the second Friday of March, every school district in Washington State was closed. So now, here we are, stuck at home with our beloved families – with “nothing” to do and many concerns. Social distancing has been advised from the national to the local level, which means that even if we go out, we are supposed to stay six feet away from each other. If they can, people are teleworking. All major crowd-type activities have been closed. Even restaurants are only offering takeout.

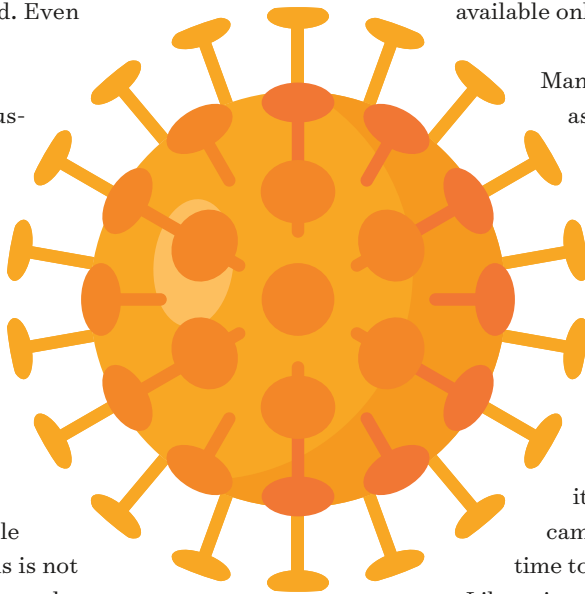
We all want to take this situation seriously. Many details about the coronavirus are still unknown. What we do know is that someone can carry it without knowing and that someone can be contagious without showing any symptoms. We know that the virus impacts older people over 40 the most, but this doesn’t mean the rest of us can “party on.” The purpose of social distancing is to ensure that those who do have susceptibility to the virus are protected. We know that most people that contract COVID-19 recover, yet this is not cause for a lackadaisical attitude – because that person who recovers might infect someone more vulnerable who will not recover.

So, what to do while we are all conscientiously staying home? What do we do with ourselves and what do we do with our kids? How do we not go stir crazy? Well, there are options. One thing that this circumstance has shown is that the community will come together to provide solutions.

Some schools are providing online education. Peninsula School District will be posting “age-appropriate at-home resources on our website to help students and families get started with learning while schools are closed.” They have provided a link to various at-home resources here: psd401.net/departments/learning-and-innovation/home-learning-resources. In addition, educators are scrambling to devise additional distance learning that adheres to the state requirement that all online education be administered fairly and equally to all students. Bainbridge Island School District is also strategizing how to fulfill state guidelines and still provide learning to students who are unable to attend

in-person classes. According to the district website, “Teachers are beginning this week to reach out to their students with some meaningful activities and lesson ideas. We’re still problem-solving some of the logistics of learning from afar, but I’m confident that we’ll continue to improve as we learn together about how this extended learning can work.” So, keep an eye out on your district or school web page for updates.

What to do for fun? (I mean, school is fun, right? But what else to do for fun?) The response was almost overwhelmingly fast from organizations and individuals with recommendations. On Facebook, for instance, many groups began posting suggestions. It really only takes a few minutes of browsing to discover if something you and your family already enjoy is available online to help you pass the time. Like to read? The libraries are closed but don’t forget about e-books. Many celebrities have taken to reading books out loud over the internet as a way to entertain and soothe kids during this trying period. Free coloring books are also available online.



Many of these activities can do double duty as education and entertainment. What about a virtual museum tour? There are many internationally famous museums that provide virtual visits to their collections. Maybe it’s time to learn that skill you always wanted to learn? Take an online class – could be a traditional academic subject or something like crocheting. There are also multiple websites that offer free music and free movies. It’s true, it might not be a blockbuster that just came out last month – but could be a good time to catch up on some “oldies but goodies.”

Like going to the zoo? What about a zoo cam? Kansas City Zoo, for instance, is offering 24 hours a day, seven days a week, of penguins, polar bears, and giraffes! (www.kansascityzoo.org/animal-cams/) If that is not relaxing, I don’t know what is!

Point is, there are many things to do if we take a look. Ask your friends what suggestions they have. Or, a quick internet search should reveal many creative and fun ways to spend our time during this “lockdown.” Order out from your favorite restaurant to help them and you make it through. Keep in touch with family and friends digitally. Remember that the more we pay attention to social distancing now, the more likely we can stop coronavirus in its tracks and return to “normal life.” We know that this time is very trying for those who are worried about their incomes and looking after their kids, not to mention the virus itself. Our thoughts go out to those who might be adversely impacted by COVID-19 more than just having to stay home. Be as patient as you can, be kind to your neighbors, relax if you can, try to see some humor in the situation, and have some fun while staying safe. **We are all in this together – and we’ve got this!**

resident recipe

Submitted by Linda W.



Chicken Divane

Here's a quick and easy dish.

Ingredients

1 can cream of chicken soup
1-1 1/2 cups mayo
1 1/2 tsp curry powder
Cheddar cheese
Chicken breast
Broccoli
Rice

Directions

Mix cream of chicken soup, mayo, curry powder in a bowl (add milk to thin). Fill the bottom of the dish with cooked rice. Boil chicken until tender; cube and add to rice. Layer broccoli and chicken on rice. Pour mayo mixture over top. Add cheese. Bake at 350 for 15-20 minutes or until cheese is bubbly.



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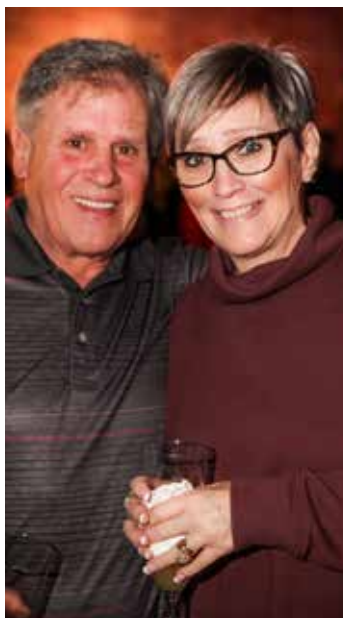


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Full Steam Ahead



The Charles Wright Academy Spirit Auction, held on March 7 in the CWA Tarrrier Dome, was well-attended by our local community, including several *Life at the Woods* families and their senior student volunteers. Your attendance and participation at the CWA auction made a profound impact on our community and ignited our mission to inspire active, joyful learning for our students. Thank you for laying the groundwork for the next generation of students. Because of your generosity, they will launch into the 21st century and continue to navigate the future with confidence: Full steam ahead!



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home matters

By Shauna Osborne

GET "On Board" THE CHARCUTERIE TRAIN!



Did you read the title of this article and ask yourself, "What *is* charcuterie?!" This French term, though hard to pronounce ("shar-cu-tuh-ree"), refers to an assortment of meats paired with different accompaniments, such as crackers, fruit, cheeses, and sauces, and it's growing more popular by the party here in the U.S. There's a certain art to putting together the perfect charcuterie tray, once considered a holiday or special occasion dish. As we move into picnic and garden party season, check out the following suggestions for making your next gathering deliciously successful!

The first rule to remember when preparing charcuterie for your gathering is **there are no rules**. Obviously, you will likely want to include the basics – meats and cheeses – but otherwise, have fun with this! Choose items – local, if possible – you and your guests will enjoy as well as those that will work well together visually, keeping in mind any known allergies. Here are some *key components of a good charcuterie board*.

Meats: Choose a variety of meats, such as prosciutto, salami, pepperoni, ham, chorizo, and pâtés; you'll need approximately 2-3 ounces per guest.

Cheeses: Make use of diverse soft and hard cheese options with varying milk types and colors, such as brie, havarti, gouda, hot pepper, cheddar, mozzarella, or blue cheese, soliciting suggestions from the cheese counter employee if needed. You'll need approximately 2-3 ounces per guest.

Nuts and Seeds: Go big or go home! Marcona almonds, spicy nut/seed mixes, caramelized nuts, and even chocolate-covered nuts or raisins are great choices.

Fruits/Veggies: Mix in a colorful assortment of (preferably in-season) fresh and dried fruit, such as grapes, berries, sliced apples, dried apricots, dates, and figs, as well as herbs like basil, rosemary, or thyme. Olives and other pickled or cured vegetables delightfully complement cured meats and provide beautiful color to the board.

Sauces, Breads, and Other Accompaniments: Add a few spreads, jams, and mustards; honey and olive oil with balsamic vinegar work well here too. Go for artisan breads, a toasted baguette, and gourmet crackers with different shapes, textures, and flavors to keep things exciting.

Once you have your delectable ingredients chosen, decide how you want to assemble them. Begin with your cheeses and small bowls of various canapés, arranging the rolled-up meats around them. Scatter crackers and bread around the space, then add fruits, nuts, and herbs to keep the colors of your platter balanced and beautiful. Don't forget to choose a **lovely foundation** for your charcuterie spread, such as a large bamboo cutting board, marble slab, or ceramic platter.

Last, consider **beverage pairings** for your delightful delicatessen. Wine is most often paired with charcuterie (though a good scotch, bourbon, or rye will certainly work) to harmonize with the fattiness and saltiness of the proteins. Stick with less complex wines with subtle tannins and low alcohol, such as crisp, white wines (sauvignon blanc, pinot grigio, riesling, and sparkling white wines like prosecco) and lighter and fruitier red wines.



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sponsor spotlight

CINDY AND GREG OPSTEEGH



A-1 Door Service, Inc.

Where did you grow up? I grew up in Tacoma, WA. In my high school years, we moved to Los Angeles, California and lived there until Greg and I came back to WA in 2005.

How long have you lived in the area? We have lived in Kitsap County since 2007.

Tell us about your family: Greg and I have been married since 2002.

Tell us about the events that led up to where you are now... (where did you go to school, what has been your career path)? Greg and I both started our careers in the transportation industry in Southern California. We decided to move back to Washington in 2005 and we lived in West Seattle for 2 years but we decided we liked the Port Orchard area and moved here in 2007.

Why/How did you start your business? We purchased A-1 Door Service from the previous owners who



had started it in Port Orchard in 1989. They wanted to retire and we were looking for something new and challenging.

Why did you get into the business you're in? My brother Jerry Reese, who is a custom home builder was telling us about his favorite garage door company looking to sell their business and retire. He said they had a good reputation and maybe we should consider selling and installing garage doors. We laughed...and now here we are selling garage doors.

What is unique about your business (what sets you apart from the rest)? I think what is unique about our business is our customer service. We want our customers to be happy with our work and depend on us to come back out if there are any issues. Most of our employees have been with us for a long time and are more like family.

Given your business expertise and the nature of what you do, what advice (whether general or specific) can you offer to the residents? We would advise customers to be sure they have contacted a licensed and bonded company when they call for service. There have been a lot of scams going on and many people think they are reaching a reputable company when they are not. Many times, they have paid out a lot of money and cannot even find the company which company came out when the door or motor isn't working properly. They also need to make sure that the person who comes to the door is from the company they called for the repair.



What else we should know about you, your family, and your business? We want very much to treat our customers the way we would like to be treated if we were the customer. We always appreciate feedback from our customers.

Why did you choose to partner with our great neighborhood and the publication? We have been partnering with this publication for a number of years now. Our office is very close by and it feels neighborly to work with people who live close by. We like the local feeling we get by living where we do.

Any other things we should know about you and/or your business? We also do commercial doors and openers as well as gates and gate operators. Although we love to work with our neighbors, we do service from Tacoma to Port Angeles.

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