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We are always looking for residents that

are willing to contribute stories, pictures

ideas, and business recommendations. No contribution is too small. Email us at

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# from the publisher



# Greetings neighbors!

It's hard to believe that we turn the page officially toward Summer at the end of the month. After growing up here, moving away while on Active Duty Military and coming back home, one thing is for certain... the Pacific Northwest Summers are hard to beat!

I have enjoyed meeting with several of our readers lately in the community over coffee or happy hour. As we grow this publication each month, I want to share just a bit about why we exist, and what our vision is for the publication.

# **Our Mission:**

We exist to serve families and our local community, to build and strengthen the business community, to foster authentic relationships, and honor God in the process.

How do we accomplish this?

With other publications floating around, we take a ton of pride by focusing on what's truly most important - sharing your stories and building our community. We do this by producing this high-quality monthly publication. We focus on high engagement with you, our readers in the community, generating nearly all of our content from our readers. This results in a highly engaging, interesting, and meaningful publication that the community is excited to receive every month. By focusing our efforts on the highest quality content and reader engagement, we offer the very best opportunity for local businesses to effectively and efficiently reach our residents through sponsorship and other opportunities in our publication.

To that end, I would be thrilled to spend a few minutes connecting with you to learn more about your story, and what you would like to see in this publication. After all, this is your community newsletter. I see myself as a conduit to tell your wonderful stories!

\*Let's grab a coffee or a cold one together - completely my treat. Shoot me an email at tristan.manning@ n2pub.com. I can't wait to meet you in the

> Cheers, **Tristan Manning** Publisher & Owner

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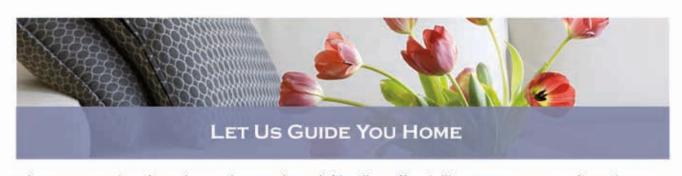
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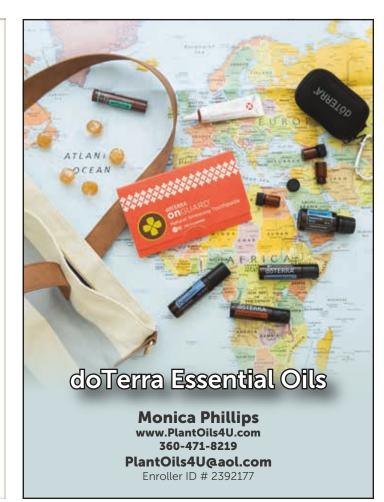


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Here are a few sights that should be on your bucket list:

# The Blue Lagoon

The Blue Lagoon draws visitors from all over the world with its underground hot springs and clouds of steam. The water reaches between 98 and 104 degrees Fahrenheit. People soak in the water, which is rumored to benefit health and skin. Stop by the mask bar for a mask of silica and algae, rejuvenate in the sauna and steam room, or grab a drink at the in-water bar. Check out the Lava Restaurant on the Blue Lagoon's west bank and indulge in Icelandic cuisine. Be sure to also stop by the Retreat spa for massages, facials, and a silica salt scrub.

# **Golden Circle**

Tourists flock to the Golden Circle. This popular route spans 190 miles from Reykjavík to the southern areas of Iceland. The Golden Circle consists of three stops: Thingvellir National Park, the Geysir geothermal area, and the Gullfoss Waterfall. Check out the geysers Geysir and Strokkur, which shoot water 30 meters into the air every five to 10 minutes. Or stop by the Geysir Center and dig up "hot spring" bread that has been baking for a day underground. Be sure to visit the Gullfoss waterfall, where water flows at a rate of 109 cubic meters per second. With no barriers or guardrails, expect to see nature's wonder with no restrictions.

# The Northern Lights

If you visit Iceland between late September and early April, don't miss nature's largest light show — the Northern Lights, also known as the Aurora Borealis. Look up to see brilliant lights dance in the night sky. Savor this incredible experience that you won't soon forget.

# Skaftafell Ice Cave

Adventure lovers can rejoice with a tour of the Skaftafell ice cave. Embark on this four-hour hike with a certified glacier guide from October through March. Bring your hiking boots, water-proof clothing, gloves, and hat. Prepare to use glacier equipment

— an ice axe, helmet, harness, and crampons (which are attached to boots for traction in ice) — for the thrill of a lifetime. Hike up the Vatnajökull glacier and enter the blue ice cave for some picture-perfect moments.

Life is too short not to travel. Expand your horizons by going to Iceland to discover nature's beauty up close and personal.



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family spotlight

# Meet the Musikopf family

This month, the Muskopfs are our featured family in Life at the Woods.

This great family of five has been living in

McCormick Woods for the last two years and are loving it.



Brad has already lived in many different places from Illinois to Georgia, South Carolina, Florida, Connecticut, Hawaii, and Guam. Jamie has lived in Hawaii and California. The couple has 3 kids: Bryan (17 Yrs), Miles (8 Yrs), and Victoria, the little 6-year old princess.

The Muskopfs moved to Troon Avenue back in February 2017. Brad arrived first and the rest of the family joined him a couple of months later, in June.

This isn't their first move, however. In fact, Brad grew up in Belleville, Illinois, while Jamie was born and raised in Honolulu, Hawaii, but moved to Southern California at age 9. Their kids also have a variety of birthplaces. While Bryan, the oldest, was born in California, the youngest, Miles and Victoria were born in Honolulu, Hawaii.

While neither Brad or Jamie's parents made a career in the military, the couple loves to help others and is proud to serve our country as a military family.

Brad's father owns a Red Wing Shoe store that he's worked at for nearly 40 years in St. Louis, Missouri and his mother has worked at Beno J Gundlach Company in Belleville, Illinois for the last 30 years. The same is similar with Jamie's parents. Her father is the head of Maintenance for United Airlines (formerly Continental Airlines) in Honolulu, Hawaii and has worked in the airline industry for nearly 50 years. Jamie's mother previously worked for the Transportation Security Administration and United Airlines.

As a Naval Officer, Brad knows that often he has to move. He loves taking his family with him since he believes family unity is extremely important. So, when he was detailed by the Navy to serve as the Executive Officer of USS KENTUCKY (Gold) SSBN 737, he knew the family would be moving to the Pacific Northwest.

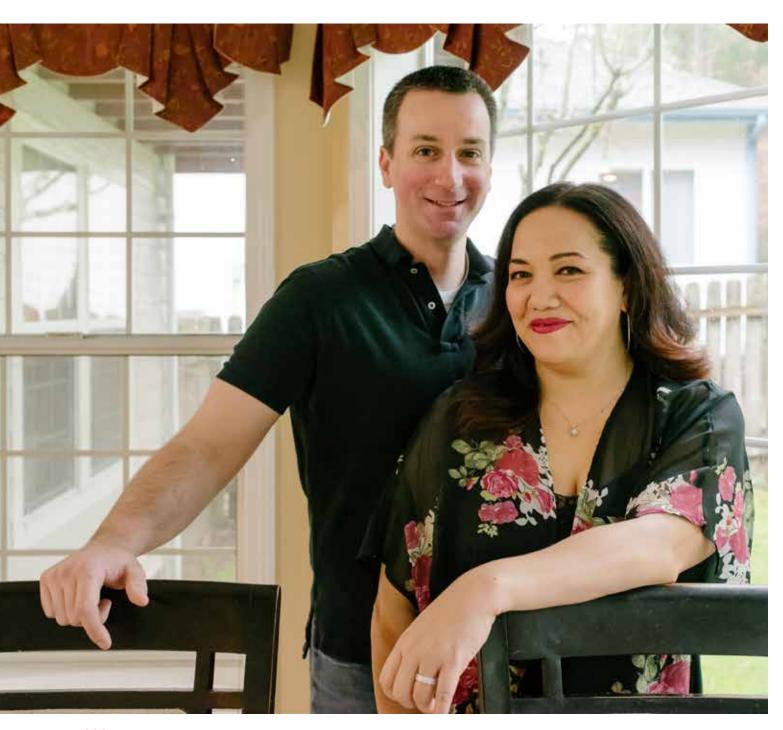
Since neither Brad nor Jamie were familiar with WA, they were fortunate enough to meet Barbara and Steve Bradsher, also residents here in McCormick Woods. Steve also happened to be the Chief of the Boat on the USS Kentucky. When Barbara discovered that the Muskopfs were looking for a home, she stepped in immediately to help make their transition as smooth as possible. Barbara immediately put the Muskopfs in contact with someone to find them a home and she even helped with the move itself. It's incredible to see the appreciation in Brad and Jamie's faces as they talk about Barbara. According to the couple, Barbara did a great job not only helping them with the move but she made them

feel welcomed in our beautiful neighborhood. Needlesstosay, both families are close friends and are always ready to help each other out.

When asked about what they like most about being a McCormick Woods resident, Brad stated that "It's been a safe and secure, friendly neighborhood where we can raise our family." Jamie added that "My first memory of arriving in McCormick Woods was the smell of the pine trees. After living in Hawaii for 13 years, it really made me feel like we'd arrived in the Pacific Northwest. I've loved being tucked away here in such a beautiful home and a beautiful neighborhood. It's been wonderful."

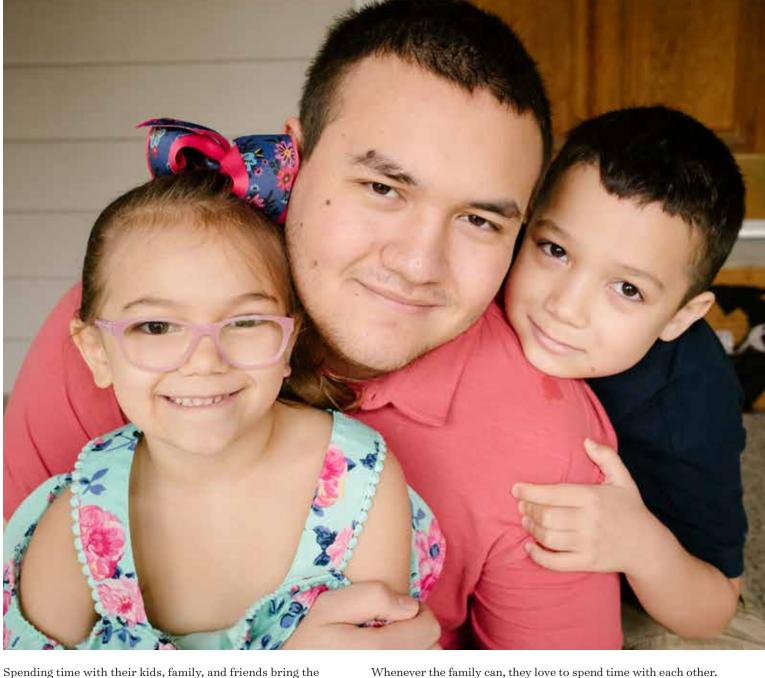
Jamie is not your typical military spouse. Jamie is a Project Manager at Microsoft (via Populus Group), supporting Microsoft Military Affairs and specifically the Military Spouse Technology

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Academy (MSTA). She's also a doctoral student at the University of Southern California's Suzanne Dworak-Peck School of Social Work. Somehow, she is still able to find time to host a podcast called "SO Unbecoming" (sounbecoming.com) featuring stories of military spouses reentering the workforce.

While the couple is usually busy, they ensure that they spend a lot of time with their kids, Bryan, Miles, and Victoria. Since they never know if they will be able to celebrate holidays on a specific day because Brad might be gone, they make what they can to celebrate life and the loved ones all the time. Even though Brad and Jamie appear to be a perfect match, they don't always agree. When we asked them if they would prefer the mountains or the beach, the couple was in total sync, the beach. However, they are also quite different. In fact, while Brad prefers grilling and BBQing, fixing things, playing golf, sipping fine bourbons and whiskeys. Jamie likes to use her free time in a different way. She prefers reading, listening to music, writing, kickboxing, and making things. We then decided to ask the couple where they would go if they could travel anywhere. While Brad immediately responded Italy, Jamie said: "I've traveled to many amazing places in the world and been to every continent except Africa and Antarctica so I'd say, Africa."



Spending time with their kids, family, and friends bring the couple the most joy. So, not surprisingly, the family loves to host parties and special gatherings at their home.

Brad and Jamie were meant for each other and are raising a beautiful and happy family. They love each other and what they do. In fact, when we asked them what has provided them the greatest satisfaction in life, Brad said it was serving our country and being able to provide a healthy, happy life for his family. Jamie loves the fact that she knows that she has raised kind children and she likes serving others in her community.

Whenever the family can, they love to spend time with each other. The kids love to host "dance parties" in their living room. They have a karaoke machine with colored lights and often have contests to see who the "best" singer or dancer is. Sometimes parents and guests get involved and that's when things get interesting.

Until their next Navy led adventure, the Muskopf family will continue to savor precious family time, host awesome parties, and try to make the world a better place.



Get to know your neighbors better by having your family featured in an upcoming issue! Email **LATW@n2pub.com**.

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# Dim Sum & mochi (sister cats)

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**Favorite toy:** Fishing pole

Favorite treat: Buddy Biscuits Grain-free Cat Treats (Savory Turkey and Cheddar Flavor)

Trademark feature: Asymmetrical tuxedo markings on belly Special skill: Can nose-boop spiders dead Eccentricity: Likes to headbutt

MOCHI: Grey domestic long-hair who's bolder and more intentional than her sister. Affectionate with people, she digs lap time and being held.

Favorite toy: Red wool parrot

Favorite treat: Buddy Biscuits Grain-free Cat Treats (Savory Turkey and Cheddar Flavor)

Trademark feature: Piercing amber eyes

Special skill: Dexterously tosses wool toys into the air Eccentricity: Likes batting small pieces of ice across hard floors



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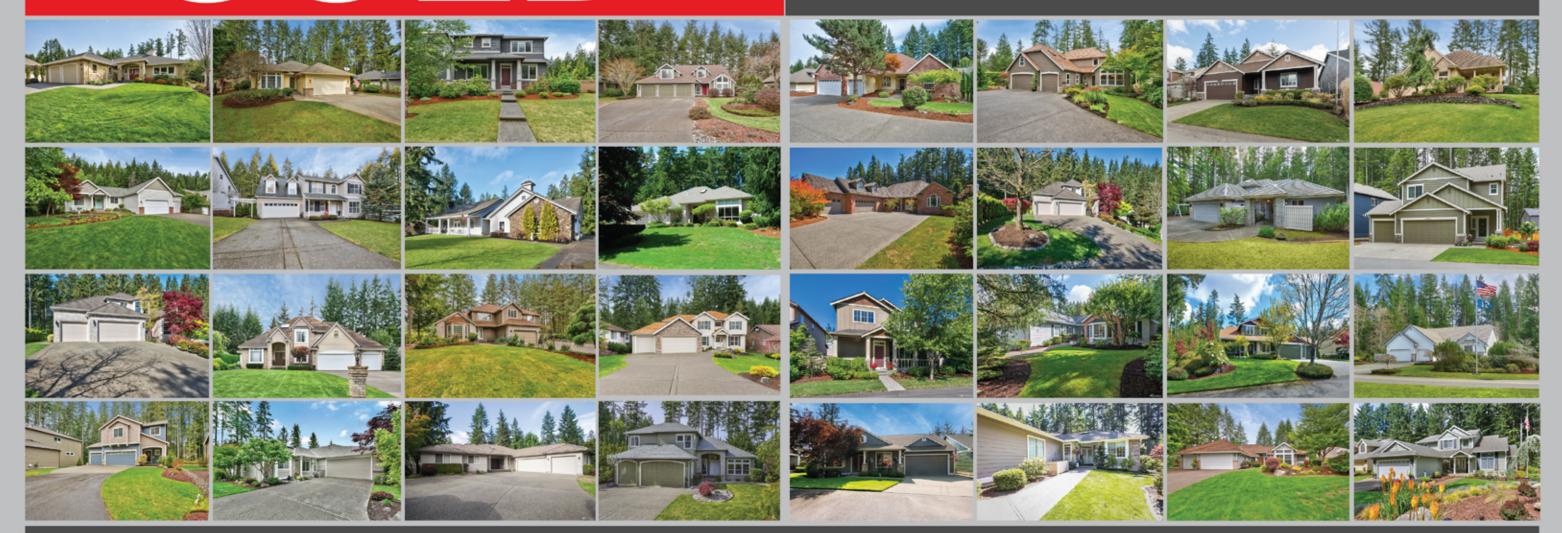


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# resident recipe

by Carol Glen

The pot roast gets its name from a city in California. The rub is a mixture of salt, pepper, sugar, garlic, parsley and whatever sounds good to you. A tri-tip roast is traditionally used. Add carrots and potatoes or any of your favorite vegetables and you have a nice one-pot meal. Be as creative as you like with the vegetables and spices. Enjoy!

# Santa-Maria-Style Pot Roast

Serves 4 to 6

Mix together salt, pepper, garlic powder, parsley and sugar and rub over both sides of roast.

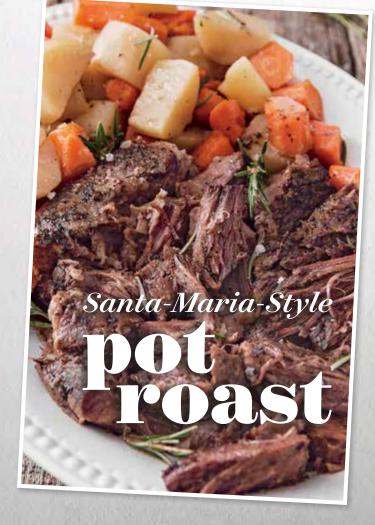
Heat olive oil in a pan large enough for the pot roast over medium heat, and then sear the roast on both sides for about 3 to 4 minutes or until browned.

Place the carrots and potatoes in a 6-quart slow cooker and place the roast on top. Add the beef broth, being careful not to pour it over the top of the roast and wash off the seasonings.

Cook on low for 6 to 8 hours or on high for 3 to 4 hours or until the meat is tender and falling apart.

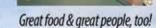
- 2 tablespoons sea salt
- 1 teaspoon black pepper
- 1 teaspoon garlic powder
- 1 teaspoon dried parsley
- 1/2 teaspoon sugar
- 3 pounds boneless chuck roast
- 2 tablespoons olive oil
- 3 carrots, peeled and cut into 1-inch pieces
- 3 to 4 medium potatoes, peel and cut in half and then quartered
- 2 cups beef broth







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# HARBORLAW

Gig Harbor attorney Nathan Sukhia knew from a young age that he wanted to make the law his career. First inspired by his uncle, a US attorney appointed by President George H.W. Bush, it wasn't the courtroom that originally called to Nathan. Instead, he dreamed of working in law enforcement, specifically for the FBI, building the types of cases he saw his uncle litigating.

Sukhia's father, a Presbyterian minister, moved his family, frequently planting churches, and Nathan was born in Philadelphia and lived in New York and Florida before the family settled in Tennessee. There, he met his wife Noël while an undergraduate in Chattanooga. The couple married in Washington where Noël's family resides and then returned to Knoxville where Nathan enrolled in law school at the University of Tennessee and Noël began her career as a paralegal.

Sukhia's first taste of law enforcement came as a Staff Sergeant in the Air National Guard. He distinguished himself as a squad leader and served on the governor's anti-drug task force and security details for the Ocoee River Olympic events and for Vice President Al Gore. His discharge papers came in September 2001, just days before 9/11. With Noël expecting their first child, Nathan decided not to re-enlist or pursue the FBI route, choosing instead to focus on his growing family and new law practice.

They moved to Gig Harbor in 2007 and Sukhia found the practice of law out of Gig Harbor to be a good fit. As a real estate and will and trust litigation/transaction attorney, he was nominated to Super Lawyers in 2005 (and 2015) and named a Washington State Rising Star. But as his list of clients grew, he noticed an area where they were being underserved: Personal injury.

"My clients trusted me, so it was natural for them to turn to me when faced with a personal injury claim," Sukhia shared. "It was an area of practice I found I was good at and that served my clients well."

Since then, Sukhia's focus has shifted dramatically and personal injury work now accounts for 50 percent of his cases.

"I'm different from most personal injury firms that spend thousands on advertising and just churn cases through," Sukhia explained. "We end up getting a lot of those cases from personal injury firm mills because we offer something here that's quite different."

Sukhia handles all injury cases personally. Noël, his wife, is the paralegal assigned to all the personal injury cases and makes it a scheduled habit to communicate with all clients weekly or bi-weekly, depending on the stage of the case. Sukhia has handled sensitive cases, ranging from dog bites and children kicked by horses, to brain injuries caused by drunk drivers and wrongful death suits. When a client has been hurt and is suffering mental strain on top of physical distress, Sukhia feels that bills from an attorney should be the last thing on their mind.

"When you've got a contentious case and then you're receiving bills on top of that!" Sukhia shook his head. "Personal injury takes all that away. Clients don't pay me unless they get paid."

According to Sukhia, the landscape of personal injury has changed in the last decade and not in the injured party's favor.

"I spend a lot of my time telling people: Go to the doctor, get the diagnosis, get the treatment because your whole case is built on that," Sukhia said. "Insurance companies have tightened their purse strings but the value that an attorney adds right



off the bat is that as soon as that letterhead goes out the insurance company goes, 'OK, we're going to have to take this case seriously."

Another of Sukhia's specialties, real estate law, can be equally challenging. Resolving disputes like boundary lines, tree cutting, view easements, fence lines, and disagreements with HOAs requires expert counsel.

"People feel strongly about property rights," Sukhia shared. "The right to own property and be able to protect it is Constitutionally ingrained in us."

The Sukhias built a home on their own acreage in Wauna in 2007 but feel a special kinship with their neighbors in Kitsap County, where Nathan focuses much of his attention.

"I like dealing with the people from Kitsap," he shared. "They're salt of the earth, like the people I grew up with in east Tennessee."

All told, Sukhia serves clients in Mason, Thurston, King, Kitsap and his home county of Pierce, where he and Noël and their four sons (ages 17, 14, 12 and 7) are active in basketball, football and track and field at Peninsula and Gig Harbor High Schools and have sponsored Harbor Soccer Club for the last eight years. When not attending the boy's sporting events, they enjoy taking trips to Hawaii and are active in their church.

As a lawyer dealing with some of life's most trying situations, Nathan often finds himself acting not only as an attorney but also as a counselor.

"My Christian faith and my family help me have understanding and empathy for my clients and what they're going through," Sukhia shared. "I find myself better equipped to help people, not just with their actual injury and recovery, but also with how they get through these challenging times in their lives."

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McCormick is for families of all ages. This month we are pleased to feature a local custom home builder who perfectly matches our style and focus on family at McCormick. Zetterberg Custom Homes is a family-owned custom home builder, known for their incredible craftsmanship and care in designing and building wonderful family homes.

The company began in 1969 with owners Karl and Jane Zetterberg and has continued to grow into a family legacy business with their four sons joining in: Greg, Eric, Brian, and Jeff. You'll find Zetterberg Custom Homes dotted around Tacoma, the



South Sound, Gig Harbor, and now McCormick. Each Zetterberg Custom Home is special, each one unique.

Zetterberg Custom Homes was the builder selected for this year's South Sound and 425 Magazines' Idea House. The Idea House exemplifies Zetterberg's quality, craftsmanship, and style. You'll find these same features in their homes at McCormick. This is the second Zetterberg Custom Homes Idea House project with South Sound Magazine (first was in 2013).

Zetterberg Custom Homes received fantastic press on their work for the Idea Home project, including a feature story on King 5 News Evening magazine.

If you are in the market for a new home, don't hesitate to check out Zetterberg Custom Homes at Mc-Cormick. Zetterberg Custom Homes offers single-story and two-story designs, with golf course and greenbelt homesites, from in the \$600s. You'll love every minute building your dream home, and the joy only continues as you cherish every day of living in it. Eric Zetterberg says it best:

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For N2 Publishing, the company that brings you this publication, how to spend \$3 million is a no-brainer. Since 2016, we've donated 2% of our revenue to deserving nonprofits that, through unparalleled expertise and dedication, both prevent the slavery of men, women, and children and rescue current victims of sex trafficking and forced labor around the globe. Our latest giving amount, gifted to our nonprofit partners in December of 2018, is

# This brings N2's lifetime giving amount to more than \$8 million.

While it could be tempting to spend that money elsewhere, being part of the fight against human trafficking is some of the most important work we could ever do. At the heart of N2 Publishing is a passion for enabling people - our team members who help us give and the human trafficking victims who receive - to live better, more fulfilling lives. N2's giving program, known as

N2GIVES, allows us to do this on a global scale. Because of N2's financial support, worthy organizations around the world are able to rescue thousands of trafficking victims, giving them hope for a new future and reminding them their lives have value and tremendous worth.

We owe a giant thank you to our readers, advertisers, and team members who made this gift possible. Like most businesses, we owe any success to the people we work with and, in our case, much of that "success" is found in the difference we make in the lives of trafficking victims. That would not be possible without the loyalty of readers, the support of advertising partners, and the hard work of our team members.

Visit us online to learn more about the company behind this publication (n2pub.com) and how our corporate giving program brings hope to the hopeless (n2gives.com).

# Kimberly











# athlete of the month

What is your name, how old are you and what sport(s) do you play? Kimberly Small, 11 1/2, gymnastics.

How long have you been playing this sport? Three years

What are your main motivations for doing athletics? (Why do you do athletics?) I like to be competitive and gymnastics is fun! I also like to meet new friends through my sport.

What have been your major highlights/ achievements in athletics? Placing at competition. I also feel accomplished when I get a new skill.

What are your goals in athletics? I want to be good enough to go to college at UCLA and compete on their gymnastics team or go to the Olympics.

Are there any events that you don't like? If

There is not an event I don't like, but my least favorite would probably be bars.

How often do you currently train for this **sport?** I just transferred to a new gym so my new schedule is three to four days a week and each practice is three and a half hours.

Do you have a famous athlete you look up to? If so, why? Kyla Ross because she has scored a 10 at every event She competes on UCLA's team, she's received a 10 at almost every meet she's competed at this season.

Do you participate in any other sport, recreation or fitness activities? If yes, provide details, including level. No

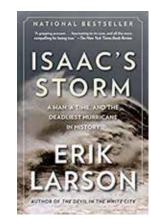
How important are athletics in your life right now? (Rate between 1 and 10, where 10= Extremely High; 1= No importance) 10

What would be a successful season of athletics for you? Making it to the State Competition.



Do you have a son or daughter that you are proud of? Email **LATW@n2pub.com** to get them featured in an upcoming issue.

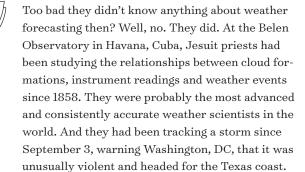
**book** review By: Helen Punches



ity, it was Galveston, Texas, in September 1900. Perched on a narrow, sandy barrier island just eight feet above the Gulf of Mexico, the town of 37,000 people was home to a prosperous seaport, a new medical college, the first streetcar system and electric lights, a busy tourist industry, and a comfortable sense of optimism and civic pride.

If ever a city was cited for maximum vulnerabil-

On September 5, the Galveston Daily News printed a 27-word item from the National Weather Service in Washington, DC, that a tropical disturbance was moving over western Cuba and headed for the Florida coast. On September 8, with no official warning, a Category 4 hurricane destroyed Galveston and ended the lives of 6,000 to 10,000 people.



must report their findings to Washington and the necessary. Their position was that local forecasts And certain words were banned from their reports - words like "hurricane."

In Galveston, the local weather observer, Isaac Cline, worked within this system. Each morning and evening, he read his instruments and reported his findings to Washington. On September 7, the readings began to change, clouds were moving in, and a large swell was forming off the island. Cline was authorized to put up the storm warning flag. But Washington insisted that the storm wouldn't be a hurricane. On the morning of September 8, that large swell was building to a 15-foot storm surge that, by afternoon, would engulf the city. Isaac and his brother did everything they could to warn coastal residents and businesses to evacuate to higher ground, but Galveston's highest point was about eight feet. There was no time. They were trapped. Buildings disintegrated and piled up like matchsticks. Debris floated wildly everywhere. And 6,000 people died in Galveston - another 4,000 to 6,000 around the shores of Galveston Bay.

This wonderfully written account of the worst natural disaster in US history inspires several thoughts — gratitude for the detailed and accurate weather forecasting we now get on a daily basis, disgust at the arrogant and ego-centric bureaucratic policies that denied the value of facts on the ground, and concern for the inhabitants of low-lying places all around the world that are still vulnerable to nature's thrashings.

accounts of historical events are exciting, surpristhe ending anyway. I would encourage you to read real-life characters, and his suspenseful build-up to the tragic conclusion you already know is coming.

opportunity knocks

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High School and College Students: If you are looking to build your college application or if you are attending college and need intern credits (or simply love to write), we would love to help you!

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things that interest you! (Parental approval is required.)

Everyone Else Who Enjoys Writing: Are you looking for a creative outlet occasionally? Or maybe you have an idea or article you would like to submit and earn a little extra spending money in the process? We would love to talk with you, as well!

For all writing opportunities, please send us a letter in Microsoft Word format explaining why you'd like to be involved. If available, include any previous writing sample(s) as well. Email applications to tristan.manning@n2pub.com.



But in Washington, the ego-driven policy of the National Weather Bureau was to centralize all weather forecasting in Washington. All weather stations If you have read Erik Larson, you know that his central bureau would issue any warnings it deemed ing, and hard to put down. Isaac's Storm reads like a thriller. I've kind of told you the story, but you knew tended to produce panic and Cuban forecasts were born from the "superstitions of a primitive people." the book so you can appreciate Larson's writing, his

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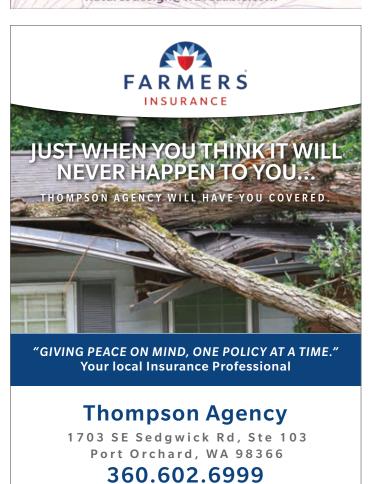
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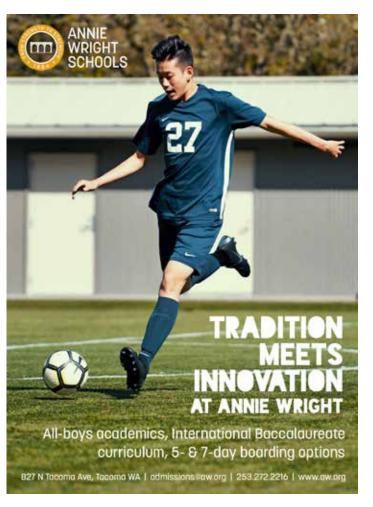
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